LE MOYNE

SPIRIT. INQUIRY. LEADERSHIP. JESUIT.

OFFICE OF HUMAN RESOURCES

March CHALLENGE!

Engage in wellness through self-directed change. What will you do to improve your diet/lifestyle throughout National Nutrition Month? #WellnessChallenge!

Performance Assessment Process

It is time to renew the performance management process for all Le Moyne College non-faculty staff. The performance assessment process is an important tool to assess personal performance, contributions to our specific departments and our progress toward the OneLeMoyne vision and Strategic Priorities.

Please visit: www.lemoyne.edu/hr and click "Performance Assessment Process" for more information.

The Office of Human Resources will be offering training sessions for employees and supervisors to discuss the 2014 Performance Assessment Process. These sessions are an opportunity to have dialogue regarding the self-assessment and supervisor form. Discussion will include the following:

- Instruction on completing the assessment
- Tips on meeting with the employee to discuss the review
- Time line for the assessment process

Employee Sessions:

Wed., March 19th	10:00-11:00am	Reilley Room
Fri., March 21st	3:00-4:00pm	Reilley Room

Supervisor/Director Sessions:

Wed., March 19th	2:00-3:00pm	Reilley Room
Fri., March 21st	1:30-2:30pm	Reilley Room

Nutrition Month Sessions

Two sessions in March to keep you on the right track! Please RSVP if you would like to attend!

1. Info Session with Early Morning Farm
Thursday, March 13th 12:30-1:00pm
Gordon Conference Room – GH 209H

A representative from the farm will talk about their farm, organic vegetables, and Community Supported Agriculture (CSA) shares. The rep will be in the 1st floor lobby of Grewen Hall after the info session (1:00-3:00pm) for anyone who

March 2014

1. Perf Assessment Process
3. Nutrition Month Sessions
4. Dolphins Live Well
5. Syracuse Heart Walk

*Follow Le Moyne HR on Twitter
*Like Le Moyne HR on Facebook

Congratulations

Service Milestones

1 year: John Haskell

Welcome

February 2014
-**Katie McCaffrey**, system admin

TIAA-CREF 1-on-1

March 18th, April 22nd, June 12th
Call 1-800-732-8353 or login at www.tiaa-cref.org/moc to schedule an appt

---

Sign-up for the ***Dolphins Live Well*** newsletter.

Blue365
Because health is a big deal™

...offers Excellus BCBS members exclusive access to info, discounts and savings that make it easier and more affordable to make healthy choices.

was unable to attend the session or would like more info!

2. Nutrition Session
Cindee Daniels, Nurse Manager
Thursday, March 27th 12:00-1:00pm
Bernat Special Events Room (Library)

Join Cindee as she talks about nutrition and SUPERFOODS!

Syracuse Heart Walk

Join Le Moyne's team for the Syracuse Heart Walk! This is a great community event to promote awareness, fundraise for the American Heart Association, and get people moving!

Saturday, March 22nd – 8:00am-1:00pm
Contact Derek Demperio if you have any questions

403(b) Change in Investment Fund

Please review the attached notice in regards to the replacement of one of our investment funds.

National Nutrition Month

Do you love food? You're not alone. Food is an important part of our social culture. Healthy eating starts with learning new ways to eat, such as adding more fresh fruits, vegetables, and whole grains and cutting back on foods that have a lot of fat, salt, and sugar. Remember to eat foods in moderation and have a colorful plate. Visit Excellus's Health and Wellness website for information on Nutrition and 6000+ other health topics.